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Leslie R. Berghash, M.D., F.A.C.S.
John T. Lanza, M.D., F.A.C.S.
Camysa H. Wright, M.D., F.A.A.O.A.

Turbinate Reduction (Turbinoplasty):

Turbinate reduction is a surgical procedure that reduces the overall size of the turbinate's allowing for better airflow and relief of nasal obstruction symptoms. Numerous interventions are available for the treatment of nasal obstruction secondary to inferior turbinate hypertrophy medical treatment options include immunotherapy, antihistamines, intranasal corticosteroid sprays, and/or decongestants. The goal of inferior turbinate surgery is volume reduction, a reduction in nasal obstruction, decreasing nasal discharge and the maintenance of nasal function while minimizing complications.

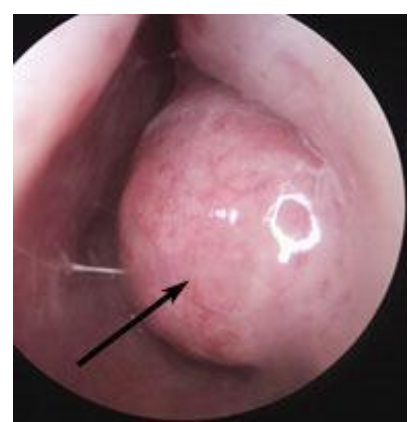
Coblation Sub-Mucosal Turbinate Reduction (SMR) is a minimally invasive surgical option that can reduce tissue volume in a precise, targeted manner. This technique is done under local anesthesia and in an office setting. There is no packing, no downtime, no recovery period, and minimal pain noted post operatively.



Normal turbinate



Moderate hypertrophy



Severe hypertrophy

References:

Tessema, B. M.D. WebMD LLC. (2012). Radiofrequency Turbinate Reduction. Medscape.
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Chang, C. M.D. (2014) Fauquier ENT of Virginia. Coblation Turbinate Reduction of Nasal Congestion, Obstruction, & Rhinitis. Retrieved from
<http://www.fauquierent.net/turbinatereduction.htm>